## RUN THE RACE

## FAITH + WELLNESS

Thank you for supporting the Walk to Bethlehem! Would you believe that as of last Monday our walkers made it to Paris, France! At this rate we'll be in Bethlehem tomorrow!

This is because so many of you choose to participate in the Walk. Miles are being turned in at rates we never dreamed of. Think of the benefits we are reaping – intentionally getting more exercise and "making an appointment with God" through study and prayer.

Because of this great response, we have to make an adjustment – dividing our Walkers into two teams! Starting this week we will have two teams – Team Adam & Team Barnabas. This adjustment will make the walk meaningful – who wants to complete our goal so soon! But don't despair – it's all going to be worth it when our teams reach Bethlehem and celebrate together the birth of the Christ-child!

DAY	BIBLE READING	PRAYER SUGGESTION
Monday	2 Samuel 5:1-4	Church Leadership
Tuesday	Nehemiah 9:19-25	Daily Blessings
Wednesday	Jeremiah 31:31-35	Forgiveness
Thursday	Mark 9:14-32	Faith
Friday	1 Corinthians 16:1-4	Church Giving
Saturday	3 John 1:1-13	Health
Sunday	WORSHIP THE LORD WITH GLADNESS!	

**THOUGHT FOR THE WEEK:** Over 250 of your brothers and sisters in Christ have joined our *Walk to Bethlehem* effort this fall. Faith Miles and Wellness Miles were almost equally distributed! May God bless both your physical fitness and spiritual fitness as you go in and grow with Christ Jesus, your Lord and Savior!



